

# **AUTUMN NEWSLETTER**

# Flu Vaccine & Respiratory Syncytial Virus (RSV)

The flu vaccine is an important way to protect against flu, which can be a serious or life-threatening illness. <u>We will be holding a walk-in flu clinic Saturday 5th October</u> <u>8am-2pm. No appointment necessary</u>

You are eligible for a free NHS flu vaccine if you:

Are aged 65 or over.Have certain long-term health conditions.Are pregnant.Live in a care home.

Are the main carer for an older or disabled person.

Live with someone with a weakened immune system.

Frontline health and social care workers can also get their vaccine through their employer.

The RSV vaccine helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill. It's recommended during pregnancy and for adults aged 75 to 79.

RSV is a common cause of coughs and colds. Most people get it several times during their life. The RSV vaccine helps reduce the risk of serious breathing problems like pneumonia and bronchiolitis. **Please contact the practice to book an appointment.** 

## **Breast Cancer Awareness Month**

Contact us online

Breast Cancer Awareness Month is an international health campaign that's held every October. The month aims to promote screening and prevention of the disease, which affects 2.3 million women worldwide. Known best for its pink theme colour, the month features a number of campaigns and programs — conducted by groups ranging from breast cancer advocacy organisations to local community organisations to major retailers — aimed at: supporting people diagnosed with breast cancer, including those with metastatic breast cancer. Educating people about breast cancer risk factors. Encouraging women to go for regular breast cancer screening



#### **Online Triage**

Prentis Medical Centre is now a Total Triage Surgery, this means that both clinical and administrative queries received via Accurx Patient Triage will be assessed and a decision will be taken to the most appropriate course of action. For instance, arranging an appointment, organising investigations or an administrative task to be carried

# out.

## What is Patient Triage?

It's an online form that you complete to detail your request both clinical and administrative. It can also be completed on your smartphone via the NHS App.

## What Are The Benefits Of Using Accurx Patient Triage?

No need to wait on the phone Complete an Accurx Patient Triage form at a pace that suits you. You can also add pictures if appropriate.



